



Hamsini Murthy

Music Therapist

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Courses for skill

- Cambridge Institute Diploma for teachers and Trainers
- Teachers training courses with TTF Bangalore
- Mudra Rahasyam
- Mantra and Meditation
- Sanskrit appreciation and Dhatu Rahasyam
- Music therapy and practice
- Exploring Panchakoshas with Indica Yoga
- Visharad in Carnatic Music - Gandharva Mahavidyalaya
- Learnt, Practiced and taught Yoga and Pranayama since 2019

Education

MBA

(Marketing and Media) – ITM Bangalore

Bcom Honors

St Francis College – Hyderabad

Experience

- Facilitator and Administrator of Rajams Gurukulam. – Hyderabad 2023
- Admission Officer of Deens Academy –Bangalore 2015
- Public Relations Officer and content manager for social media for Deens Academy School – Bangalore 2010
- Service manager at CitiCorp Services – Chennai 1999
- Response officer at Bennet Coleman & Co(Times Of India) – Hyderabad 1996
- Client servicing at Breeze advertising Limited – Secunderabad 1991

Additional Skills

- Diploma in interior design
- 12 years of Karate (Shotokan)
- 6 years of Karate (Shorin Ryu)
- Certificate in Temple Iconography
- Story telling based on Panchatantra

Events conducted

- Ananda Bhava Workshop for Ayurveda practitioners and Music therapists
- Interschool competitions for over 400 participants from 40 schools for 6 years as school administrator
- Teacher training programs
- Was part of core team for Femina Miss World, Filmfare South Awards and Brand Equity Quiz as part of Times of India Group

Awards and Achievements

- Best employee and Star awards from school - 5 years for different roles
- NCC 'C' certificate and Senior Under Officer, attended Republic Day Parade of 1992 as part of the Andhra Pradesh contingent - silver medalist in Rifle shooting
- "Top Dog" Best Manager in Inter - College competition at PSG College Coimbatore where 35 Management colleges participated
- President of Interact club (Rotary International School) in Grade 11
- Cultural Secretary of the school in Grade 12
- Brown Belt in 2 styles of Karate - Shorin-ryu and Shotokan
- Volunteer with Senior citizens group "Silver talkies"

Facilitator in person workshops

- Ragamruth workshop at Chatrapathi Sambhaji Nagar March 2026
- Demonstration on how to incorporate music therapy in daily life for seniors on Christmas day 2025 at Hyderabad
- Raga Yoga workshop for Yogashala at Bangalore June 2025
- Tridosha and Music therapy at Ananda Bhava retreat at Karakala Udipi
- Special workshop for Music therapists on Nadis - Hyderabad -October 2024
- Gayathri mantra and Nadis workshop for yoga teachers at Rishikesh February 2024

Community Service Programs

- Assist in facilitation of online music classes for super seniors along with Rajam Shanker
- Rekindling Joy Through Gardening for Seniors through online workshops for an Silver Talkies Platform
- Heritage and nature based workshops for school children ages 7-14
- Conducted book reviews for IKS based book club

Facilitation for Online Programs

- Kaivalyanaad Wellness foundation -Therapeutic application of Music for Mental wellness
- Music to overcome fear for Meera Institute of Music therapy
- Nadayoga course for Indica Yoga April 2026
- Raga Remedy program for beginners June 2025 ,October 2025, January 2026
- WFAC Music therapy workshop (Art of Living)
- Raga Chikitsa online course based on Ayurveda August 2024
- Online programs Chakras and Music therapy for VedaVital Institut fur Ayurveda, Yoga und Energiearbeit - Vienna Austria -June 2024